

2022-2023 Woodside Sports Recognitions

Football – 5B Regional quarterfinalist

David Applewhite- 1st Team -All District-OL

Paul Stephen Davis- 1st Team -All District-RB

Christian Greenlaw- 1st Team- All District-TE

Mustapha Coly- 1st Team- All District-DE

Ri'Jon Hammond- 2nd team- All District-RB

Isaiah Hayes- 2nd team- All District-WR

Jamiyah Mandel- 2nd Team- All District-DL

Jack Craddock- Honorable mention- DB

Tayvon Tyler- Honorable Mention- QB

Field Hockey- 5B Regional Quarterfinalist

Ava Harr- 2nd team forward All-District

Isabella Monge-2nd team Mids All District

Iris Waite- 2nd team At-Large All district

Kailey Odette- Honorable Mention

Girls Volleyball

Anna Moody- 1st Team All-District

Macaiah Cooper-1st Team All-District

Chazlyn Dettor- Honorable mention

Boys Volleyball

Adan Rodriguez- 1st team Libero All-District

Willie Phillips- 2nd team All District

Edwin Turner-2nd team All District

Tae'John McCraven-2nd team All District

Cross Country-

Ichiro Runner- State Qualifier

Girl Basketball-VHSL 5B Regional Girls Basketball Semi-finals

Chazlyn Dettor- 1st Team All Peninsula District/ 1st Team All Region

Zaria Richmond- 2nd Team All District/ 2nd team All Region

Tiyhana Veal-Barber- Honorable Mention/ 2nd team All Region

Namya Furr-Hill- Honorable Mention

Boys Basketball-5B Regional Boys Basketball Champions/ 2023 VHSL Division 5 State Boys Basketball Champions

Trevor Smith- 1st Team All Peninsula District/ 2023 Player of the Year All Region

Jermaine Detrick- 2nd team All District/ 2nd Team All Region

Christian Greenlaw- 1st Team All Region

SayQuan Welsh- 2nd Team All-District

Silas Barksdale-2nd Team All-District/ 2nd Team All Region

Masiah Wells-Stevens-Honorable Mention

Mykel Jenkins- Honorable Mention

Wrestling- Peninsula District Team Champions/4th Place in 5B Region

Gabe Izzo- 2nd Place 120LB-Regional

Carmine Mcdaniels-3rd place-130LB-Regional

Antonio Patterson-2nd place-144LB-Regional

Jewels Lewis-2nd place- Regional /6th place (All-state)

Nehemiah Mix-2nd place-190LB-Regional

Mustapha Coly-2nd place- Regional

Jordyn Anderson- 2nd place in VHSL Girls Open State Tournament- 112LB (All-State)

Indoor Track- 5B Regional Boys Indoor Track Champions/ 4th place in State

Jeshon Simmons- State Qualifier -Boys 4x2 meter relay

Darrell Boyd- State Qualifier- Boys 4x2 meter relay

Jeremiah Palacios- 3rd place regional 55m hurdles/ 3rd place state 55 meters hurdles

3rd place 55meters-Regionals

4th place boys triple jump-Regionals/4th place state boys triple jump

1st place boys Long Jump- regionals/2023 VHSL Division 5 State Champion-Long Jump

Boys 4x2 meter relay-state Qualifier

Paul Stephen Davis- Boys 55 meters- State Qualifier

Boys 300 meters- State Qualifier

Boys Long Jump- State Qualifier

Boys 4x2 meter relay-state Qualifier

Dontrae Walls, Jr. Boys 55 meters- State Qualifier

Boys 4x2 meter relay-state Qualifier

Miles Mompont Boys 500 meters- State Qualifier

Boys 4x2 meter relay-state Qualifier

Ri'Jon Hammond Boys 4x4 meter relay- State Qualifier

Boys 4x2 meter relay-state Qualifier

Nicholas Pearce Boys 1600 meters- State Qualifier

Sienqu'e Cook Boys 55-meter Hurdles

Zmere Paige Boys 4x2 meter relay-state Qualifier

Jared Flowers Boys 4x4 meter relay-state Qualifier

Jai-Lyn Johnson Girls 300 meters- State Qualifier

Girls 500 meters- State Qualifier

Girls 4x4 meter relay-state Qualifier

Amaya Greatheart Girls 4x4 meter relay-state Qualifier

Bryia Saunders Girls 4x4 meter relay-state Qualifier

Annaja Daniel Girls 4x4 meter relay-state Qualifier

Swimming

Sarah Wright 100 meters Breaststroke & 200 IM -State Qualifier
Alexander Simpson 50 meters & 100 meters freestyle/ 400 meters freestyle- State Qualifier
Roman Izzo 400 meters freestyle relay- State Qualifier
Keegan Wise 400 meters freestyle relay- State Qualifier
Luke Chevront 400 meters freestyle relay- State Qualifier

Baseball

Mason Mompont- 1st All-District 1B/ 2nd Team All Region 1B
Elijah Clarke- 2nd All-District 2B
Jayden Alvarez- 2nd team All Region Outfield
Sean Burns-Honorable Mention All-District

Softball

Macaiah Cooper- 1st Team All District 3B

Boys Soccer

Kade Ceraul- 1st Team All-District Defense/ Regional At-Large
Caine Jordan- 1st Team All-District Goalie/ Regional Honorable Mention Goalie
Emir Powell-2nd Team All-District Forward
Luaay Hassan- 2nd Team All-District Mid
Alberto Sanchez- 2nd Team All-District Mid
David Bynum- 2nd Team All-District Defense

Girls Soccer

Jordyn Anderson- 1st Team All District Forward
Alyssa Rogers-1st Team All-District Defense
Tiyhana Veal Barber- 2nd Team All-District Defense
Isabella Monge- Honorable Mention

Track & Field

Boys 4x400 meter Relay Team- 3rd place VHSL Division 5

Boys 4x100 meter Relay Team- 2nd Place VHSL Division 5

Jeremiah Palacios- 3rd Place Long Jump VHSL State Division 5