

Woodside High School Fall-Winter-Spring 2021-2022 Sports Accomplishments

Football 3rd in the District/2nd in the Region

Dequan Cobb 1st team All-district/ 1st team All-Region/ 2nd All state
Rijon Hammond 2nd team All-District RB/1st team All-Region RB/KR
Marquis Phifer 2nd team All District LB/1st team All-Region LB
Nazir Spriggs 1st team All-District DL/1st team All-Region DL
Marcus Watts 2nd team All-District DE/1st team All-Region DE

Dia'vionne Fitzgerald 2nd team All District DB/1st team All Region DB/2nd All-State DB

Troy McWilliams 2nd team All-Region Center

Makai Frisby 2nd team All-District PR/2nd team All-Region DB/PR

Jamiyah Mandell 2nd team All Region DL

Kenneth Bryant 2nd team All-District RB/2nd team All Region LB

Boys Volleyball #2 in the District/2nd in the Region

Edward Piloton 1st team All-District/1st team All-Region

Adan Rodriquez 1st Team All-District Libero

Sergio Castillo 2nd team All-District/2nd team All-Region

Girls Volleyball District Champions & #1 Seed in the Regional Tournament

Ally LaRiviere 1st team All-District/2nd team All-Region

Alyssa Nguyen 1st team All-District Libero/2nd team All-Region Libero

Lia Powers 2nd team All-District

Girls Cross Country

Lily Harr State qualifier

Field Hockey

Angel Drake 1st team All-District Defense
Isabella Monge 2nd team All-District Forward
Emma Redd 2nd team All-District Mid
Caitlyn Steele 2nd team All-District Goalie

Danasia Torres Honorable Mention
Mi'Angel Sewer Honorable Mention

Women Basketball 3rd seed in the 5B Region Tournament

Chazlyn Dettor 1st team All-District/1st team All-Region

Zaria Richmond Honorable Mention District/ 2nd team All-Region

Thalia Ashew 2nd team All-District/2nd team All-Region



Men Basketball 2nd in the District/3rd seed in the 5B Region Tournament

Trevor Smith 1st Team All District/1st team All-Region Jakobe Reed 2nd team All-District/2nd team All-Region

Christian Greenlaw 2nd Team All-Region

Thalmus Reed Honorable Mention District

Indoor Track & Field

Jeremiah Palacious 1st place Regional Triple Jump/ 3rd place State Triple Jump

Wrestling

Gabe Izzo 1st Team All-District 106lb/Region Champion 106lb/ 1st team All-Region

Mustapha Coly 1st team All-District 195lb/ 2nd place 5B Region 195lb

Jordyn Anderson 1st team All-District 113lb

lan McDonald 2nd team All-district 220lb/ 3rd place Region 220lb/ All-Region

One Act Play 2nd place in Super-Regional

Corey Alleyne Best Actor Award

Swim & Dive

Keegan Wise Qualified for Boys VHSI Division 5 State Championship 100m

breaststroke

Sarah Wright Qualified for Girls VHSI Division 5 State Championship 100m

breaststroke

<u>Girls Soccer</u> <u>5th seed in the Regional Tournament</u>

Tiyhana Veal Barber 1st team All-District Forwards Isabella Monge 2nd team All-District Midfielder Alyssa Rodgers 1st team All-District Defense

Tra'siah Henry Honorable Mention

Ezra Kleinfeldt 2nd team All-Region Goalkeeper

Boys Soccer 4th Seed in the Regional Tournament

Marvin Arboine-Sanchez

Znd Team All-District Forward/2nd team All-Region Forward

Znd Team All-District Midfielder/2nd team All-Region Defense

Jeremiah Jones

Znd team All-District Midfielders/2nd team All-Region Midfielder

Luaay Hassan

Znd Team All-District Defense/2nd team All-Region Defense

Caine Jordan Honorable Mention/ Regional Honorable Mention

Creative Writing

Kaitlyn Gardner Excellent Rating
Bernadette Pimentel Excellent Rating
Zaacc Jenkins Good Rating
Kathryn Coffman Excellent Rating
Elisaa McAdams Good Rating
Ayali Thomas Superior Rating



Outdoor Track & Field Boys Regional Champions/7th VHSL State Div. 5 Boys

Jai-Lyn Johnson 4th 200m & 4th 400m Ri'jon Hammond 2nd Place 200m

Paul Stephen Davis 3rd Place 400m/8th Place State 400m

Marcus Phifer 4th Place 800m Nicholas Pearce 3rd Place 1600m

Isaiah Hayes 1st Place 300m hurdles; 2nd Place 110m hurdles/State Meet 4th 300m/4th

110 Hurdles, 5th Long Jump

Mustapha Coly 3rd Place 110 hurdles: 4th Place Discus & 4th Place Shot Put

Kenneth Bryant 4th Place 110 hurdles Khourtney Tremble 4th Place 300m hurdles

Jeremiah Palacious 1st Place Long Jump & 3rd Place Triple Jump

Marquis Phifer 4th Place Triple Jump

Troy McWilliams 2nd Place Discus & 2nd Place Shot Put/State Meet 4th Place

4X100m Relay 3rd Place Kenneth Bryant, Miles Mompoint, Jeremiah Palcacious, Ri'jon Hammond 4X400m Relay 2nd Place Miles Mompoint, Marcus Phifer, Paul Stephen Davis, Jeremiah Palacious/4th

State Meet

4X800m Relay 1st Place Marcus Phifer, Chase Simmons, Paul Stephen Davis, Nicholas Pearce/6th State

Meet

<u>Baseball</u> <u>District Champions/5th seed in the Regional tournament</u>

Carl Patterson, Jr Co-Player of the Year; 1st Team All-district Pitcher;2nd team All Region

Pitcher

Bernard Creque 1st team All-District 2nd base/1st team All-Region 2nd Base
Jayden Alverez 1st Team All-district Outfield/2nd team All-Region Outfield

Sean Burns, Jr. 1st team All-district Outfield

Austin Wells 1st Team All-district Utility/2nd team All-Region Utility

Robert Speller, Jr. 2nd team All-District DH

Sean Stewart Honorable Mention Shortstop

Softball

Morgan Cline 2^{nd} Team All-District CatcherMacaiah Cooper 2^{nd} Team All-District ShortstopTrinity Wasser 2^{nd} team All-District OutfieldAlex McGrewHonorable Mention Pitcher